



“Andy Cook is an amazing pastor/teacher who is passionate for Jerusalem. He loves to talk and teach about Jewish history, bringing the Old and New Testaments together for the complete Word of God!”

—ROBERT D’ANDREA, president,  
Christian Television Network

“I have traveled the ancient paths of Israel many times, and know the priceless value of walking through the land of the Bible. Don’t miss the lessons these paths have for us. Treasure this book. You’re not only going to be delighted ... you’re going to be changed!”

—DR. JOHNNY HUNT, pastor,  
Woodstock First Baptist Church and former president,  
Southern Baptist Convention



# SECRETS from the ANCIENT PATHS

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Andy Cook

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With photography from  
William Haun and Julia Chin



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Secrets from the Ancient Paths  
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*This book is dedicated to the memory of my mother-in-law,*

*Melrose Evans.*

A photograph of a person standing next to a camel in a desert landscape. The person is wearing a white head covering and a dark jacket, holding the camel's lead. The camel is light brown and has a colorful saddle. They are standing on a rocky, uneven ground. The background is a vast, open landscape with a clear blue sky and some distant hills. The overall scene is peaceful and evokes a sense of journey and exploration.

This is what the LORD says:  
“Stand at the crossroads and look;  
ask for the ancient paths,  
ask where the good way is, and walk in it,  
and you will find rest for your souls.”  
JEREMIAH 6:16





Many years ago, a professor at my seminary unfolded the Bible like no one had ever done for me before. Dr. Richard Spencer took the land of Israel, the academics of New Testament study, and the familiar stories of Jesus and the early church and produced lectures that held us spellbound. There were mysteries being solved in that class, and my classmates and I couldn't get enough.

On one occasion, he mistakenly scheduled a final exam one class-day early, which meant our semester ended before time was officially up. Under normal conditions, such a day would be treated as a surprise holiday. In seminary, we might have even called it a "gift from God!" But this class was different. Out of a hope that he might show up anyway, I went to our classroom at our scheduled class time.

The room was packed. All of us wanted to discover more secrets from the ancient paths. And, much to our delight, Dr. Spencer came and gave us another hour of insight. What this man was sharing was so intriguing, it didn't really matter if the grades were set and the course was completed. If there was a chance he might teach again, we'd be there. In three years, I sat under his teaching as often as possible. He was the first to show me that there was much to learn from the land of the Bible, and he created in me a passion to walk the ancient paths myself.

Since that time, I've met many other great teachers, perhaps none more passionate than Ray Vander Laan. Visit Israel, and you'll tour many ruins. Visit Israel with RVL, and he'll make the rocks talk. My 2009 trip to Israel with him turned out to be a life-changing experience. Someone once asked me, "What exactly changed?" Part of me wanted to ask, "What didn't change?" Instead, I simply said, "The passion. He reminded me again what passion for following Jesus looked like."



I wanted that passion. We live in an age when information is available everywhere. Passion, however, is a rare commodity. Passion for following our rabbi is even rarer. I am a better follower of Jesus because I've had the chance to walk with Richard Spencer, Ray Vander Laan, and a host of other men and women.

For all my teachers, and for the volumes of books and resources they have directed my way, I am thankful. My words in this book are, in part, little more than a mixture of their words.

I am also grateful to Israel's Ministry of Tourism and the Christian Television Network for their partnership in allowing me to teach on location at so many biblical sites. God has allowed us to do a great work together, and I am humbled.

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I owe a great debt to the people of Shirley Hills Baptist Church in Warner Robins, Georgia. They supported my dreams, my travels, my writing, and my family far more than I could have ever expected. Their blessing on our new ministry continues to be their greatest gift to us.

I am also grateful to the Board of Directors at Experience Israel Now, Inc. What an honor to work with such a talented group!

And closest to my heart is my family. Our family tree is grounded in a long history of men and women who followed Jesus with an "all-in" attitude. My parents handed that legacy to me, one patient day at a time.

My wife, Melody, is the only woman I've ever loved, and I would not be following my dream if she hadn't followed me. Over the past four decades, we've grown up with three incredible girls—Summer, Melinda and Courtney. Three sons-in-law have joined the crowd (glad to finally have some guys

around, Mike, Danny and Joshua!) and now we're grandparents. Yes, there are photos. Life is good, for we're all on the journey together.

Finally, I am thankful for you. If you've chosen this book, you're after the same passion I'm after. In a sense, you're standing at the crossroads, asking for the right way. Thank you for asking. You've made me a better traveler, for nothing energizes me more than telling the story to those who want to hear it.

Let's take the good way together.

Rest for our souls is waiting.

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## HIDDEN IN PLAIN SIGHT

A friend of mine once served in a covert corner of the American military forces. He was part of the “Special Ops” (or Special Operations) that trained for and carried out secret missions around the world.

This was clandestine work. Secret stuff. They always faced great danger as they worked. As a result, they worked very hard not to be discovered.

“We had a problem,” he once told me. “How do you hide a huge airplane filled with Special Ops forces and all their equipment?”

The answer? You hide it all in plain sight. If you need to hide an airplane, hide it among other airplanes ... at an airport. If you need to hide highly trained troops, make them look like the other people at an airport. If there are already hundreds of passengers, airport workers, and delivery personnel swarming over the property, simply blend in as passengers, airport workers, or delivery workers. Maybe we should call it being hidden in “*plane* sight!”

Did it work? “Every time,” my friend laughed. “We were in, we were out, and they never knew we were there.”

The Bible has a few secrets hidden in plain sight, too. Hidden among all the words, and all the stories, are a handful of details that can transform even the most familiar passages of Scripture. If you know what to look for, the information isn’t hidden at all. The details are very much in plain sight.

And yet most people miss them. Since most of us don’t live in the land of the Bible, we miss the insight the land can give us. Since most Christians aren’t Jewish, we miss the impact of our incredible Jewish heritage. And frankly, since most of us aren’t as committed students of the text as the first followers of Jesus were, we miss much of what is “hidden” from us, even though the words are right before our eyes. The full impact of the Bible’s



words might as well be on a covert mission, slipping into our times of Bible study, and slipping out, unnoticed and undiscovered.

It's time to discover those secrets.

Take the day when Jesus said this:

Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. (Matthew 11:28–29)

Familiar words? Of course! Most followers of Christ would recognize the words as some of the most comforting you'd ever want to hear. But there is also something else here. There is more here than meets the eye. And those who heard Jesus speak the words in person knew the secret.

In that case, they knew Jesus was quoting one of the prophets. Like Jesus, the people in his audience that day had already memorized Jeremiah's words.

This is what the LORD says:

“Stand at the crossroads and look;

ask for the ancient paths,

ask where the good way is, and walk in it,

and you will find *rest for your souls*.” (Jeremiah 6:16)

“... rest for your souls.” Long before Jesus used the phrase, Jeremiah had held it out like a tantalizing offer. It's as if he had said, “If you'll look for it, you can have it. If you'll ask for it, it will be given to you! So when you come to the crossroads — when you come to a place of decision making — stop and ask for help. The right path is there. It's been there all along. It's an ancient path. Walk

here, and you shall find rest for the deepest part of you. You'll find rest for your souls!”

Note that Jeremiah said these words weren't his words. This message was from God. I like to picture a wild-eyed prophet making sure his audience got the point. “THIS ... is what THE LORD says!”

Unfortunately, many in Jeremiah's generation ignored the message. They missed the ancient path. Jeremiah's generation found tragedy and hardship, and much of it had come from their own poor choices. Like us, they had plenty of “crossroads moments.” All too often, they made poor choices at key moments. They made far too many choices without regard to God's instructions or in direct violation of those instructions. They ignored the biblical principles that could have saved them heartache, destruction, and exile.

As a result, they missed the rest for the soul that could have come from following the ancient paths. The words were in plain view for them, as well as us. But because they didn't follow God's instructions, they never found the rest. The good way, the good path, was empty.

When Jesus began his ministry, he offered the same invitation Jeremiah had once offered. He knew the “good way!” “Walk with me,” he said. “Follow me. I'll show you the way and you'll finally find “rest for your soul.”

Some hearing what Jesus said had become jaded to religious offers of peace. Some were worn down by the difficulty of keeping all the rules God required of them. Some were just tired. Fatigued. Ready to quit. As Jeremiah's generation would have testified, that internal frustration was centuries old.

As our generation can testify, the frustration is still here. Few have found rest for their souls.



“Come with me,” Jesus says to anyone who’ll listen today. “I’ll show you the way. I’ll show you the ancient path. I’ll show you the good way. I’ll give you rest for your souls. I’ll give you what you’ve always wanted. I’ll satisfy that longing that has long existed in the deepest part of who you are. I’ll give you rest ... rest for your soul.”

When someone asked him how to accomplish such an impossible task, Jesus returned to his first invitation to follow. “I am the way,” he said.

Or as the original Greek language of John 14:6 could have worded it, Jesus answered, “I am the *path* ...”

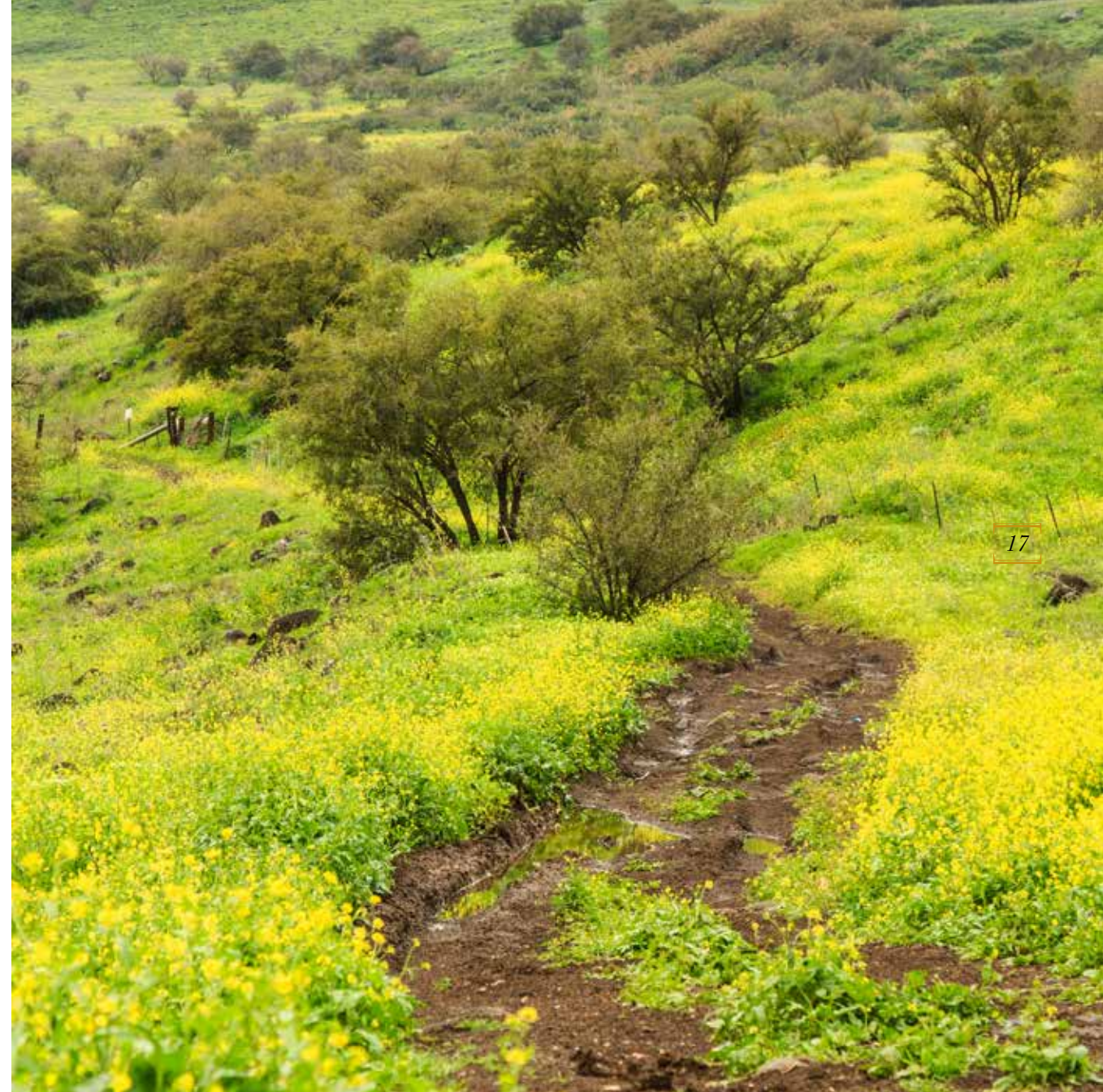
From time to time, all of us stand at the crossroads. Every day, we have choices to make. Consequences will follow those choices as surely as gravity causes apples to fall from trees. Make enough right choices, and we’ll enjoy the consequences. Make enough poor choices, and we’ll regret the consequences.

So ask where the good way is. Consider the secret hidden in plain sight.

Jesus is the right path. He is the right way. Do your best to follow Jesus. Pause at the crossroads every day. Ask him for the right way, the good way ... the ancient way. If you walk in that way, you’ll find the best life you’ve ever known. Yes, there will be trouble and hardship. Yes, there will also be joy and celebration. Through it all, there will be purpose all along the way, and a quiet confidence that you’ve found the right way.

Call it a deep satisfaction. Call it a peace that passes all understanding. Or if you like, use an ancient phrase.

Call it “rest for your soul.”







## HOW TO GET THE MOST OUT OF THIS BOOK

**T**his book is designed to be a complement to the book that you should be reading every day—the Bible. Over the centuries, countless people have found rest for their souls by reading the Bible.

Stay at it long enough, and there will be days when it will seem as if God has spoken to you through the words of the Bible. But you'll never know that experience if you don't read the words!

If you haven't yet invested in the discipline of daily Bible reading, it may sound like a crazy idea. But give it a try. God has some great rewards for those who will spend time with him every day by immersing themselves in his story.

So read your Bible every day.

Likewise, as you read *this* book, be sure to read the Bible passages that precede each chapter. You'll maximize what God wants to do with the words of this book if you'll first read the words of his book.

At the end of each chapter in this book, you'll also find a short section of application called "Make the Lesson Your Own." Don't skip over this, either! It's extremely important. Knowledge without application is useless. Do your best to connect the lines leading from the Bible's message to your own life.

When you follow the Bible's instructions, you'll be following God's instructions. The reward? Rest for your soul.







## MATTHEW 25:1–13

At that time the kingdom of heaven will be like ten virgins who took their lamps and went out to meet the bridegroom. Five of them were foolish and five were wise. The foolish ones took their lamps but did not take any oil with them. The wise, however, took oil in jars along with their lamps. The bridegroom was a long time in coming, and they all became drowsy and fell asleep.

At midnight the cry rang out: “Here’s the bridegroom! Come out to meet him!”

Then all the virgins woke up and trimmed their lamps. The foolish ones said to the wise, “Give us some of your oil; our lamps are going out.”

“No,” they replied, “there may not be enough for both us and you. Instead, go to those who sell oil and buy some for yourselves.”

But while they were on their way to buy the oil, the bridegroom arrived. The virgins who were ready went in with him to the wedding banquet. And the door was shut.

Later the others also came. “Sir! Sir!” they said. “Open the door for us!”

But he replied, “I tell you the truth, I don’t know you.”

Therefore keep watch, because you do not know the day or the hour.

## THE PARABLE OF THE FIVE SELFISH VIRGINS



Ten virgins, Jesus said, wanted to go to a wedding. Ten girls. Ten young girls who were probably like my daughters. They loved going to weddings!

Why wouldn't a girl love a wedding? It's the dress-up party of the year, and the bride looks like Cinderella. There's a party and dancing and music and flowers and a dreamy groom ...

This isn't to say guys don't like a good wedding, too. After all, there's good food, good friends ... and Cinderella to boot! Let's face it. A wedding can be an awesome party!

None of the 10 girls in Jesus' parable wanted to miss the party. They really, really ... *really!* ... wanted to be a part of the wedding celebration.

But the wedding ran late. Night fell, and there was darkness. Five of the girls had oil for their lamps and light for their path, Jesus said, and five did not. Short end of the story? The wedding started, people joined the procession, but only those with working lamps were admitted to the evening event of the year.

When this became obvious, the five girls without oil—the “unwise” virgins—begged the girls who had oil for a little fuel. If they had been around today, they would have been begging for fresh batteries for their flashlights. But in that day, it was oil for their lamps. The girls with oil said no, and told their desperate friends to go buy some. At that hour, that was an impossible task, and once the wedding was ready to start, someone shut the door. The way Jesus tells the story, there's no doubt the door won't be opened again, no matter what. It was a one-time opportunity, and only the five virgins with working lamps got to see Cinderella and her prince. So goes the parable of the Five Selfish Virgins.



As you surely know, there is no parable of selfish virgins. But once you see it, this is one of the uncomfortable thoughts that sticks in the back of your mind as you read of Jesus telling one of his famous stories.

The selfishness has never bothered you? Surely you’ve heard the story and wondered why Jesus didn’t just make an application about sharing. Is this the best way to live out the “Golden Rule” Jesus gave in his Sermon on the Mount? Is this the way to live out a “Do unto others as you would have them do unto you” lifestyle?

Sharing is an admirable principle. More than that, sharing is commanded. Prophets like Isaiah (Isaiah 58:7) and Ezekiel (Ezekiel 18) put sharing squarely

in the middle of what it means to be a righteous person. In their debate with Job, Job’s friends openly questioned whether Job had shared his possessions with others (Job 22).

No doubt about it. Sharing with others is a core value of what it means to be righteous. Countless sermons have featured the concept.

But not this time.

The reason no one listening to Jesus cried out a judgment against the five “selfish” virgins is that they knew the girls weren’t selfish at all.

If you've ever lived away from the city lights, perhaps you'll understand the story better than others. It can get plenty dark at night when there are no streetlights. If you go out at night, a good flashlight might just save your life.

There might be a snake on the ground. Poisonous or not, if you step on a snake in the dark, you'll face an instant stress test and wish to God you'd carried a light! There might be a hole in the ground that could lead to a sprained ankle. You might hear a rustling in the bushes and wonder whether you're about to be attacked by a ferocious beast. So what if it was only a house cat? Darkness is frightening!

When the Bible speaks of itself (Psalm 119:105), it says that it is a "lamp to our feet." In the night, there are times when just a little bit of illumination can make all the difference. Maybe you already know from personal experience that a single Bible verse can provide sanity-saving illumination during difficult days.

In the darkness, we carry flashlights and fresh batteries. If you're wise, you'll have some extra batteries on hand, too. That way, you'll never be left in the dark. A modern-day flashlight needs batteries the way an ancient oil lamp needed oil.

The word we have for people without extra batteries? Let's just say there's a lot of regret if your flashlight runs low and you've imagined a snake or two stretched out somewhere on the path ahead! You'll feel "foolish."

On the other hand, a person who has plenty of batteries on hand is "wise."

Instead of batteries, think, "oil."

The kind of oil lamp Jesus and his audience would have known can be held in the palm of one hand. The oil jug that was its partner was just as small. It

didn't take a lot of oil to keep a lamp burning, so a small supply of extra fuel was sufficient. People didn't carry a lot of extra oil. Parents didn't let their daughters take enough to share with their friends. There may have been no more oil in an oil jug than just enough to refill a lamp one time.

As it turned out in the story Jesus told, a single refill was just enough for one girl to get into a midnight wedding. Five had the extra oil.

There were a lot of unknowns about weddings in Jesus' day. No one knew exactly when the wedding would be, for instance. You'd have some hints, but only when the bridegroom's father told his son that the house he'd built for the new couple was ready could the wedding take place. The moment the father gave the go-ahead, the groom took off. No matter the day or hour, he rallied his friends and they started a parade that wound through the village until they arrived at the bride's home. The groom would be joined by his bride and the parade continued through the village to the location of the wedding, picking up other guests as it wound through the village. The wedding would follow, and the party would last for hours.

In the parable, as it would have been in real life, girls without lamps wouldn't have been allowed to stay out at night. Without enough oil, they were left in the dark. It must have been a very sad experience. They could hear the wedding, but they missed the party!

On the other hand, five girls were well-prepared and made it to the party. These five girls weren't selfish. They were smart! But they had only enough oil for themselves, and





no more. It wasn't their responsibility to supply their friends with oil. They had prepared for the wedding well, and it was their right to enjoy the party. There was really nothing they could do for their foolish friends.

The key to understanding this story is the context of the conversation. Jesus wasn't trying to get as many people as he could into a wedding. He wasn't even trying to get people to stock up on extra batteries.

Jesus was trying to convince people they needed to be ready for judgment! He had just warned his listeners that a day of reckoning would come "as it was in the days of Noah" (Matthew 24:37). The flood of Noah's day destroyed everyone who hadn't listened to Noah's clear warnings.

Likewise, Judgment Day will leave no recourse for those who aren't prepared for it. By the end of his trio of parables in Matthew 25, Jesus left no doubt that many people would be terribly unprepared for judgment. There would, he said, be "weeping and gnashing of teeth" (Matthew 25:30) and a departure into "eternal punishment" (Matthew 25:46).

Missing a wedding might be disappointing. Arriving in eternity without hope is terrifying! But listen to the positive spin of what Jesus was saying: Don't go into eternity terrified of hell. Instead, do whatever it takes to be ready for the celebration of heaven!

Like a someone getting ready for a wedding, you've got to be prepared.

You've never attended a wedding by accident. It took planning, preparation and a commitment to be there. You bathed and dressed in your best clothes. You may have purchased a gift for the happy couple. You planned on staying late and enjoying good food and a happy celebration.

You want to attend the party of heaven? One thing's for sure. It won't happen by accident. You'll need to decide to be there, think ahead and be ready for the big day.

In the parable, you might have needed oil for your lamp. But you've probably figured out what the parable was really teaching.

It's Jesus that we need.

Deciding to follow Jesus is a decision you and you alone can make. No one can make this most important of all decisions for you. In the story Jesus told, there was only enough oil for each girl wise enough to be prepared for the celebration. In this life? There's only enough decision-making ability in you for one person. Your mother? She has only enough for her. Your dad? Same thing. Your favorite pastor? He might deliver a lot of invitations, but when it comes to heaven, he can only make the decision to go for himself. He can't decide for any of his listeners, no matter how much he might want all of them to know the joy of eternal security.

The wedding's coming. The invitations are out. Are you going?





## MAKE THE LESSON YOUR OWN

Jesus spent much of his teaching time urging people to be ready for eternity. How can you be ready? Follow Jesus!

The decision to follow Jesus involves a few simple steps. It may seem relatively easy to take the initial plunge of belief. However, living the faith for the rest of your life will be the biggest challenge you've ever known. So it's no minor decision. But nothing happens on any journey until we've begun the journey.

Here are the "getting-started" steps the Bible gives us:

1. Know that God loves you.

*For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life. (John 3:16)*

2. Admit your sin to God.

*For all have sinned and fall short of the glory of God. (Romans 3:23)*

3. Believe that Jesus is God's son and that he died for our sins.

*While we were still sinners, Christ died for us. (Romans 5:8)*

4. Tell others that you've decided to follow Jesus.

*If you declare with your mouth, "Jesus is Lord," and believe in your heart that God raised him from the dead, you will be saved. (Romans 10:9)*



The parable of the 10 young girls is about a wedding, so give a wedding some thought. Sooner or later, in every wedding someone asks, "Do you want this person as your mate for life?" And no matter how shy the bride, no matter how badly the groom stutters, all who have heard the question wait for the answer. They wait for an audible, clearly understood "Yes" or "No."

There's no Plan B for a "No." There won't be a marriage with a "No." There's no reception for a "No." There's no honeymoon, no family, no anniversaries with a "No."

But with a "Yes," everything changes. Two become one. A party breaks out, signaling the beginning of a great adventure. As time goes by in that great adventure, children may enter into the picture. The stories that will be retold for decades are collected year by year.

That's what a "Yes" does at a wedding.

Jesus has laid out the invitation. He's the groom, and we're the bride. He's asked the question, and he waits for an answer. From you, from me, from everyone. Remember the lesson of the oil jug: No one else can answer for you. We each must make the decision for ourselves.

Say "Yes."

It changes everything!